

**baby shiatsu gentle touch pdf**

4 MASSAGE STYLES: Choose from 4 different massage styles including: deep-kneading shiatsu for a deep concentration on pressure points, gentle rolling that works away aches and discomfort, invigorating percussion to aggressively work and strengthen deep-tissue muscles, or a shiatsu & percussion combination which features an alternating massage experience

**Amazon.com: Perfect Touch Masseur Heated Massage Cushion**

Brookstone's S8 Shiatsu Massaging Seat Topper turns any chair into a massager chair. Deep-kneading Shiatsu massage nodes soothe aching muscles, relieve tightness, and help promote muscle recovery.

**Brookstone S8 Shiatsu Massaging Seat Topper - amazon.com**

Take an invigorating massage break. The HoMedics® Shiatsu Massage Pillow With Heat kneads deep to loosen tight muscles. The soothing heat feature adds even more comfort, while the ergonomic design contours to your neck, back, or shoulders.

**Buy HoMedics Massager Heat from Bed Bath & Beyond**

Buy "Heated Foot Massager" products like HoMedics® Shiatsu Foot Massager, HoMedics® Shiatsu Select Foot Massager with Heat, HoMedics® Shiatsu Air Pro Foot Massager with Heat, Prospera® Shiatsu/Compression Foot Massager with Heat, HoMedics Shiatsu Rolling Air Foot Massager, HoMedics® Shiatsu Flex Ankle & Foot Massager with Heat in Black

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Bowen Therapy. A gentle form of body work, where specific moves are performed over muscles and connective tissue. The move is a trigger picked up by the nervous system sending messages deep into the body, retrieving cellular memory to relax and balance the body.

**Massage on High, Kyneton | Holistic Health Clinic**

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